



# A Hymn to Life

**FORGET** the world around you, render your heart to life, live it with all your might, become a lover of every living thing, breathe the roses and clothe yourself with the robes of detachment from all else except the love you have for that which is in your heart. Grasp every ray of the sun, capture the essence of rapture in the dancing of the stars — sing the songs of joy in praise of Him who has honoured us by giving us life.

**BE YOURSELF** and remember that only by being absolutely honest with yourself will you ever reach an understanding with it. There must be a quarrel, but the quarrel cannot last for ever. Be positive in everything you do or think, and if you suffer, suffer with joy. Write always and at all times about everything that stirs a feeling within you. If you write long enough and read long enough, you will produce at least one memorable line and if you could create one line that will inspire generations to come how to live or love you have indeed secured a place among the truly great.

**FEAR NOT**, for there are worse things than failure in this life; and remember always that what you cannot honestly accept as truth cannot be imposed on others. And if you must fall in love; then let it be a cosmic event in which God, heaven, sun, moon, the stars celebrate your new mode of existence — above all the one you love must be capable of comprehending what none comprehends and of loving in a rare and exceptional way.

**PROTECT YOURSELF** always that you may not be touched by the forces of despair, as long as you breathe and you feel life pulsating in your veins: there is hope; there is joy; and there is another day.

**GO FORWARD** then unhindered, continue to sing with the birds and whisper to the trees, and never cease to write your poetry.

**TRUST IN GOD** and ask Him to touch your lips with his fingers that you may sing the songs of joy celebrating the glories of Life. ☩

*Suheil Bushrui*